



To: Scrutiny Co-ordination Committee

Date: 9th October, 2013

Subject: Director of Public Health Annual Report

1 Purpose of the Note

- 1.1 Provide the Scrutiny Co-ordination Committee with an overview of the Director of Public Health Annual Reports for 2012 and 2013.
- 1.2 Outline key findings from annual reports for the last two years.

2 Recommendations

- 2.1 Scrutiny Co-ordination Committee to endorse the findings of the Director of Public Health annual report.

3 Background

- 3.1 The Health and Social Care Act 2012 states the requirement for the Director of Public Health to produce an annual report on the health of the people in the area of the local authority. The local authority must publish the report.

4 Progress on Director of Public Health annual report

- 4.1 The 2013 annual report is currently in draft format and is included with this note, as Attachment 1. It is expected that this will be finalised ready to be approved by the Health and Well-being Board on 21st October 2013.
- 4.2 The 2013 report looks at four key lifestyle behaviours: diet, smoking, alcohol consumption and physical activity. The report looks at how these have changed in the city, over a five year period, and identifies groups that exhibit both healthy and unhealthy behaviours across these four themes.
- 4.3 The 2012 report looked back over changes in the previous 40 years and identified priorities for future work, which have been integrated into the Health and Well-being Strategy and the Marmot work programme for the city. One of the key future challenges outlined, in the 2012 report, was to support behavioural change that empowers individuals and communities to make positive choices about their health. The 2013 report complements the 2012 report, in that it provides a greater insight into people's healthy and unhealthy behaviours.

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